



CA2Q Tri-Valley Cross-Road Wings

November 2003



In This Issue

Chapter email list.....	3
Allan's Musings.....	4
CA2Q Parking Lot Practice	5
Waiving at other riders	10
Triker News	12
Chapter Meeting Times & Locations	14

2003 Ride Calendar

Bold items are CA2Q events

- 11-15-03 CA2Q Chapter Meeting – Athens Burger**
- 11-22-03 CA1N Toy Ride
- 12-20-03 CA2Q Chapter Meeting – Athens Burger**



Chapter CA2Q Staff<http://www.gwrra-ca2q.org>

Chapter Director Allan & Kay Freebody.....510-278-6914..... realpro97@aol.com
 Ass't CD..... Vacant
 Chapter Educator..... Mark Kratz510-713-7677 balistx@comcast.net
 Membership Bob Tobin925-846-2887 bob.tobin@axt.com
 Newsletter Editor Doug Elmer925-484-2431 doug.elmer@comcast.net
 Newsletter Prod. Allan & Kay Freebody.....510-278-6914..... realpro97@aol.com
 Treasurer Lisa Kappenberger925-833-7476..... reinerlisa@sbcglobal.net
 Chapter Store Debbie Radtke.....(209) 892-1825.... IVJASMINE@AOL.com
 Tour Director..... Vacant
 Special Events Debbie Pendergast.....925-462-4511 debbiepend@juno.com
 50/50 Sales Jacque Foster.....925-829-3747 jfgoldwing@comcast.net
 Webmaster Reiner Kappenberger925-833-7476..... reinerlisa@sbcglobal.net
 Phone Tree Vacant
 Birthdays..... Debbie Pendergast.....925-462-4511 debbiepend@juno.com

California District Staff<http://www.gwrracalif.bizland.com/>

District Directors Rick & Sandy Dyer714-970-6801 gwcadd@aol.com
 Educator Jerry & Patricia Borge209-694-8656 mtnbikers@goldrush.com
 Trainer Rick & Patricia Hinrichs760-723-7765 rjhnrichs@tfb.com
 Member Retention Larry & Donna Pickens.....661-726-5145 rs0r1sy@verizon.net
 Webmaster John Maguire.....909-947-6996..... jemaguire@worldnet.att.net
 COY Coordinator Jim & Shayneh Schott949-472-8051 jhschott@aol.com

Region F Staff<http://gwrra-regionf.org>

Director Dave & Diane Andrews 480-988-9533 dandrewsrdf@earthlink.net
 Educator David & Dori Dirig..... 760-746-9131 ddirig@gwrra-ca1f.org
 Trainer Carl & Becky Manning..... (303) 932-9517 cmann87917@aol.com
 Member Enhancement . Bob & Nancy Roth..... 623-566-1705 azwingr@aol.com
 Webmaster Paul & Linda Fenton..... 949-597-0232 wingdude@comcast.net
 COY Coordinator Don & Danny Edlund..... 805-550-2461 redgoldwing@hotmail.com

Current Advertising Rates

<u>Ad Size</u>	<u>Half Year</u>	<u>Full Year</u>
Business Card	\$25.00	\$40.00
1/3 page	\$35.00	\$60.00
2/3 page	\$50.00	\$90.00
Full Page	\$75.00	\$140.00

Please make all checks payable to: GWRRA – CA2Q

All advertisements must be prepaid.

Send ad either on disk or camera ready with check to:

Allan Freebody
 461 Trebbiano Pl.
 Pleasanton, CA 94566

Non-commercial and GWRRA members may run ads as long as necessary.

Newsletter submission deadline: Please submit all articles and advertising by the 28th of the month.

The Chapter CA2Q newsletter is published monthly and distributed free to GWRRA members and boosters who participate in the monthly chapter activities. Your name will be removed from our mailing list after 6 months of non-participation unless you have made special arrangements with the Chapter Director. The newsletter is also distributed free to all advertisers. Material appearing in this newsletter may be reprinted without permission.

Chapter Email List

Lee Allen navyvet73@aol.com
Bill & Linda Andrews bandrows@pacbell.net
John & Kathee Ballard ggwing@pacbell.net
Dave & Kourtnei Browning kourtnei.browning@sbcglobal.net
Chris Carter Concourman@msn.com
Chuck & Denise Casey CaseyCr1@aol.com
Jim Christian jim@thechristians.tv
Anthony Cicinelli cicinellia@aol.com
Gary Cooper Raybancop@sbcglobal.net
Dale Croy croy@pacbell.net
Charlie Dodds charlie@mindsync.com
Vern & Carol Edgren EdgrenV@aol.com
Doug Elmer & Bonnie Tuggle doug.elmer@comcast.net
Phil & Esther Flores felipe_flores@sbcglobal.net
Doug Foss dougfoss@sfsolo.com
Steve Foster sgoldwing@comcast.net
Jacque Foster jfgoldwing@comcast.net
Allan Freebody RealPro97@aol.com
Kay Freebody comstar6@aol.com
Mike Friddle mhftiplus@msn.com
Arno & Rita Fritz afritz@us-buxton.com
Bob Golden golden@uclink4.berkeley.edu
Lynn & Shelley Graham goldwing@ispwest.com
Richie Greene nrg2fly@hotmail.com
Lee & Ardie Head leehead@comcast.net
Steve & Mary Howard steve@videofile.com
Bob Hole roberthole@aol.com
Reiner & Lisa Kappenberger reinerlisa@sbcglobal.net
Mark Kratz balistx@comcast.net
Steve & Karen Kruse netkrusen@cs.com
Gary LaFortune caglaftne@aol.com
Kim Leong kleong94@pacbell.net
Craig MacDonald clmacdonald@comcast.net
Hugh MacDonald macfixit1@aol.com
Dennis Madsen dmadsen105@aol.com
Javier Marquez jmarq@comcast.net
Anne & Spencer Matthews buffalobuttrsm@aol.com
Leroy & Lee Moore luckylee@pacbell.net
Mike Olivera mikejmg@pacbell.net
Ray & Carol Oeverndiek racao37199@aol.com
Debbie Pendergast debbiepend@juno.com
Rodger Privett hard2fi9@pacbell.net
Jim Shore shorej@dcshore.com
Victor Smith v102071@inreach.com
Rich Snider & Karen Dunn karendunnlmft@care2.com
Ron & Ute Sorrell rsorell@comcast.net
Norm & Diana Sperle chickenhawks@comcast.net
Dave & Naura Swanson zswanson@pacbell.net
Bob Shelton boxertoys@comcast.net
Bob & Jean Tobin becmat13@comcast.net
Dennis & Beverly Wagner denniswagner@yahoo.com
Dave & Jill Wilson dwilson7657@netzero.net

Allan's Musings

Ah, November. Here we are heading towards the year end, with fun family times and lots of festivities. Unfortunately, some of our family members in the south may be in less than desirable situations owing to the fires still raging. We called the "cow people" and so far, they are O.K.

I am sure each and every one of our chapter members will join me in extending prayers and thoughts to all those who have been effected by this disaster.

Last Saturday, we held our parking lot practice at a lot on Hopyard Drive in Pleasanton. Thanks to those who took the time to come out and set the courses up on Friday. Steve and Jacque Foster, Bill Andross, Vern Edgren, Mark Kratz, and Kay all managed to follow the directions to the site and had the place marked and taped in no time. Afterwards we had a great dinner. Saturday saw the same folk plus a number of new participants turn up and not just improve their skills, but actually had a good time doing it. Thanks to all - I know that I had fun and feel most everybody will come out again when we hold our next one. See Mark's informative write up in his portion of the newsletter.

With the approach of the New Year, it is *nag time*. The chapter is in need of members to step up and fill the many vacant positions we have. This is your chapter and you get out of it what you put in. It is time to stop sitting in the back and bring your thoughts and ideas forward. The chapter seems to have the same people doing all the work as most are aware, and without participation from more members we will just continue to be spinning our wheels. The outcome is that a hand full of us gets tired and discouraged at the lack of enthusiasm exhibited. The current need is a – tour director, assistant chapter director, newsletter publisher and possibly be looking for a web master and treasurer. As you know, Kay and I run our own business and average 60-70 hour weeks. We are currently handling a fair share of the positions out there.

It only takes a small portion of your time and the benefits are so rewarding.

Remember, this is OUR CHAPTER!

November will be our last meeting at Athens Burgers for a few months. The restaurant is being renovated and the room in which we gather will be demolished during the winter. We are in the process of setting a new location, but the numbers are the issue for most establishments, so once a firm location is secured we will send out e-mails with the details on where to gather. During the October meeting, details on the chapter Christmas gathering were discussed. We will be having our party at the Pleasanton Hotel on December 14th. Kay is currently organizing the details with the Hotel and provided some details in this edition of the newsletter. If you plan on attending please call or e-mail her to ensure we have accurate numbers to provide the Hotel.

Well, as writer's block sets in again. I am sure that most of you will appreciate the fact that this is a short "musing" and get on to read the rest of the newsletter.

So until next time ride safe and ride often.

Allan

Edited for U.S. reading by Kay.

CA2Q Parking Lot Practice

October 25th, 2003

Good people, good weather, a pinch of fun and a dash of challenge, make for a successful recipe of learning and skill building. Since I haven't heard otherwise, I am going to declare our fall session of Parking Lot Practice (PLP) a success! It was my second PLP as Chapter Educator and I learn a little more each time. I am looking forward to the next session, which should be following the holidays. It was a great turn out but we missed those of you who could not attend.

With a little prep work the previous night, we set up most of the riding patterns used in the "Top Gun" Challenge. This included activities and skill exercises not only for the Rider but the ever-important Co-riders as well. The riding patterns included the; Slow Ride, Cone Weave, Tight Turn Box, the Ball Toss, the Ball and Cone, Ball Catch and the Right and Left Corner exercise. We substituted the Ball in a couple of the patterns with Beanie Babies, which seemed to be aerodynamically suited for the task.

All of the patterns that were set up help to sharpen and hone the skills you use in everyday riding. The combination patterns also helped in Rider/Co-rider communication and teamwork. It is much better to make the mistakes in a controlled parking lot, free of hazards, than to make them in the crowded streets, with many unwanted spectators. You will never increase your riding skills without practice. Normal everyday riding does not develop new skills but only helps you maintain your existing skills and whatever bad habits you might have.

After some informal competition and three hours of fun in the sunshine, half of the group took twisty Mines Rd to the Junction motorcycle hangout, for one of their trademark hamburgers and an enjoyable, scenic ride.

Participants were: Kay and Allan Freebody, Esther and Phil Flores, Linda and Bill Andrews. Steve and Jacque Foster, Vern Edgren, Dennis Madsen, Ken Bingaman and a special thanks to Tony Delgado, a Fremont Police Officer for helping evaluate and picking up ton of Beanie Babies.

I am looking forward to the next time and I hope you enjoy some of the pictures. The following article will help you if you wish to practice on your own in a secured parking lot. Remember to get permission if possible. If you lack cones, you can use a styrofoam cup with a rock as ballast. If you need help, just give me a ring.

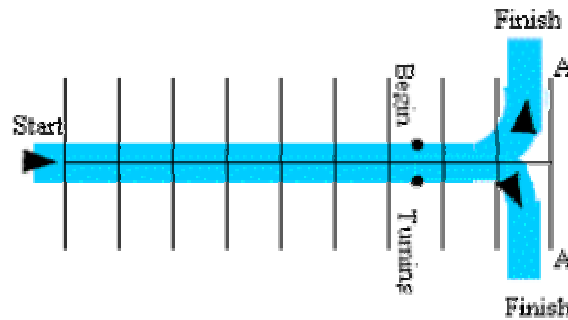
**Ride Safe
Mark Kratz
CA2Q Chapter Educator**

Exercise: Sharp Turns

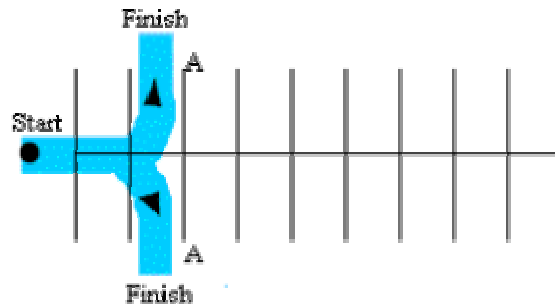
Directions

Practicing these drills will help you to make sharp turns from stoplights or stop signs, pulling out of parking spaces or driveways, and turning into a driveway, and turning into a driveway or onto a narrow street.

Drill 1 - Begin riding straight across the parking lot, increasing speed to approximately 10 mph. Just before reaching the "Begin Turning" Marker, slow down and use both brakes to adjust your speed for making a sharp turn. As you reach the line or marker make a sharp turn (left or right). Finish your turn as close to line "A" as you can without touching it. Remember to accelerate slightly coming out of the turn.



Drill 2 - Start at the marker. Begin making a sharp turn from the starting point. Finish your turn as close to line "A" as you can without hitting it.



Coaching Tips

- Keep head and eyes up; look where you want to be at the end of the turn.
- Turn the handlebars and lean the motorcycle in the direction of the turn.
- Use the friction zone of the clutch as you turn.
- Accelerate as you leave the turn.
- Cover the rear brake, and use both brakes lightly to reduce speed before the turn.
- Practice left and right turns.



Kay tries her aim, as Allan keeps his eyes on the road.



Headquarters. Kay, Esther, Allan, Steve and Vern take a break.



Dennis Madsen practices the Right and Left Corners



Linda and Bill Andrews work the "Box".



Waiting in the Wings!
Jacque and Steve Foster in foreground.



Go Vern!

Waiving at other riders

By Mark Kratz

One thing I enjoy about motorcycling is the common bond shared by all riders, no matter whom they are, or where they're from. Whether it is the thrill of the ride, or the relaxation and sense of freedom derived from riding a motorcycle, there is something deep down inside that we all share, no matter what we ride or what we wear, mostly.

This sense is often displayed through non-verbal communication as you meet and see other riders on the road. I remember the first time a rider waived at me and I thrust my hand upwards into the 70 MPH slipstream. I won't do that again. Now, I nonchalantly hold my hand out to the side, acknowledging my fellow riders as they pass, secretly wishing them well on their journey, no matter how near or far their destination.

I have also noticed that some riders don't waive back. I assume they are either too busy or too engrossed in their own world to have seen me. Or maybe they don't think it is cool to waive, or that you may be inferior since what you're not riding what is not cool but mostly, I just think they are too afraid to take a hand off the handlebars. Anyway, in analyzing this phenomenon, I've compiled some reasons, some of which I stole.

TOP 10 REASONS WHY HARLEY RIDERS DON'T WAVE BACK AT GOLDWINGS:

- 14 Afraid it will invalidate their Warranty.
- 13 Leather and Studs makes it too hard to raise arm
- 12 Refuses to wave at anyone whose bike is already paid for.
- 11 Loud exhaust vibrations have disabled brain's wave reflex.
- 10 Loss of aerodynamics would cause gas mileage to plummet from 5mpg to only 2.
- 9 Raising arm into wind would cause the Harley riders cigarette to go out.
- 8 Afraid to let go of handlebars because they might vibrate off.
- 7 Rushing wind would blow the scabs off the new tattoos.
- 6 Angry because they just took out second mortgage to pay luxury tax on new Harley
- 5 Just discovered fine print in the Owners manual and realized Harley is partially owned by those "Rice Burner" manufacturers.
- 4 Can't tell if other riders are waving or just reaching up to cover their ears like everyone else.
- 3 Last time a Harley rider waved back, they impaled their hand on their spiked helmet.
- 2 Just spent the morning combing their underarm hair.

And the #1 reason Harley riders don't wave back at Goldwings:

- 1 Jealous that after spend over \$30 thousand dollars they STILL don't own a Goldwing!!!

TOP 10 REASONS GOLDWINGERS DON'T WAVE BACK:

- 10 Wasn't sure if you were waving or blocking the light from his show lights.
- 9 Afraid he might get frostbite if he takes his hands off his heated grips

- 8 Arthritis and the past 400 miles have made it difficult to raise his arm
- 7 Reflection from his Tulsa windscreen blinded him momentarily
- 6 The espresso machine just finished
- 5 Has actually fallen asleep in his chair
- 4 Was in a three way conference call with his stock broker and mechanic
- 3 Couldn't find the "autowave back" button on the dashboard
- 2 Was adjusting the CD player's programmable tracks

and the #1 reason Goldwing riders don't wave back:

- 1 They couldn't see you over the glare from the chromed dash accents!

TRIKER NEWS

By Ron Tolson

What is Trike SIG? It is easy to get involved and so enthused about it that you begin to make Trike SIG something it is not. For sure it is not a separate organization from GWRRA. Most of us are very active in one or more chapters and that is the way it should be. Since we have a special interest in trikes we have become a part of Trike SIG. What you should expect from Trike SIG is a lot of information about trikes. You get this information from places like this article and others if you can find them. The Trike SIG message board. <http://bbs.gwrro.org/board/messages/15/15.html?1067007162> and the Trike SIG webpage. <http://sig.gwrro.org/trike/> Of course we will have some fun with Trike Hikes and seminars at District Rallies, Region Rallies and Wing Dings. The whole purpose is to keep you informed about what is going on in the world of Trikes.

Have you ever wondered what you would do if you got your trike stuck in the mud, sand or snow? One of our readers has offered this suggestion. I make no guarantees whether it will work or not. I only offer this as a possible solution. After all you are stuck anyway so give it a try. You need to ascertain that you do not have a posi-traction or limited slip axle. Just hold your front brake and accelerate. If just one wheel spins you are in business and you have determined that you are really stuck. ☺ Now release the front brake and apply the rear brake. This will prevent the wheel from spinning and allow the opposite wheel to pull you out of the mud, sand or snow. You may have to adjust the pressure on the brake to make this to work. Good Luck.

IT DOESN'T GET ANY BETTER THAN THIS!



FOR SALE

1993 GL1500 HONDA GOLDWING

DRIVING LIGHT, SUPER BRACE, PROGRESSIVE SUSPENSION FRONT AND REAR, UP-GRADED HEADLIGHTS TO 2000 MODEL, NEW DASH BOARD, DASHBOARD VISOR, ISO TOURING PEGS, WIND WINGS, PASSENGER ARM RESTS, TRAILER HITCH AND WIRING HARNESS, PASSENGER ADJUSTABLE PEGS, HEAT CONTROLLER FOR ELECTRICS, FIRECREEK INSTRUMENT PANEL WITH 3 SWITCHES, NEW METZLER ME88 TIRES

MINT CONDITION

55,000 MILES

LOTS OF CHROME

CALL ALLAN FREEBODY @ 510-909-0165

REALPRO97@AOL.COM

VALUED AT \$15,000+ WILL SELL FOR \$10,000

Chapter Meeting Times & Locations (v2.6 05-01-2003)

<i>Meeting date/time</i>	<i>Chapter</i>	<i>Chapter Director</i>	<i>Meeting Location</i>
1st Sun 8:30 AM 8:00 AM Breakfast	CA1I	Dale Sutherland 626-335-1313	Covina Bowl 1060 W. San Bernadino Rd, Covina
1st Sun 7:30 AM	CA1R	Ron Fogelsong 949-951-5291	Knowlwoods Resturant 14952 Sand Canyon, Irvine
1st Sun 8:30 AM	CA1Y	Pennye Sasaki 805-735-4641	Elk's Lodge 905 E. Ocean Av, Lompoc
1st Tue 7:00 PM 6:00 PM Dinner	CA2S	Ron Peck 408-225-4161	Holders Country Kitchen 998 So. De Anza Blvd., Cupertino
1st Sat 9:00 AM 8:00 AM Breakfast	CA1A	Joseph Callaway 661-274-0835	Denny's 2005 West Avenue "K", Lancaster
1st Sat 8:00 AM 7:00 AM Breakfast	CA2A	Daniel Rhoten 559-562-6676	Ryan's Restaurant 1161 E. Tulare Ave., Tulare
1st Sat 9:00 AM 8:00 AM Breakfast	CA1Z	Mick Herod 909-628-2431	Marie Callenders, 29363 Rancho California Road, Temecula
2 nd Sat 8:00 AM 7:00am Breakfast	CA1M	Del Britton 909-485-1866	Bluffs Restaurant 1231 E. Washington, Colton
2nd Sun 8:00 AM	CA1Q	Charlie Sento 562-926-5420	Hof's Hut 7005 Knott Ave., Buena Park
1st Sat 9:00 AM 8:00 AM Breakfast	CA2R	John Langton 408-779-2670	Giant Artichoke Restaurant 11241 Merritt St. Castroville
2nd Wed 7:00 PM 6:30 PM Dinner	CA2E	Jim Peterson 559-431-6847	Carrows Restaurant 1484 E. Shaw Ave., Fresno
2nd Sat 8:30 AM 8:00 AM Breakfast	CA1F	Anita Alkire 619-264-2845	Broken Yolk Café 1851 Garnet Ave., San Diego (Pacific Beach)
2nd Sat 8:00 AM	CA2J	Mike Gregory 925-776-5411	Brentwood Cafe 8500 Brentwood Blvd. Brentwood
2nd Sat 9:00 AM 7:30 AM Breakfast	CA2N	Tony Phillips 209-834-9880	Your Place 14715 Mono Way, Sonora (Just off Hwy 108)
3 rd Sun 8:00 AM 7:15 AM Breakfast	CA-C	Vasilios Kalaitzidis 916-722-9392	Denny's 925 Third Street, Sacramento.
3rd Sun 8:00 AM	CA1D	David McNeal 562-428-4447	Paramount Elks Lodge 8108 E. Alondra Blvd, Paramount
3rd Sun 8:00 AM 7:30 AM Breakfast	CA1V	Curtis Matson 760-949-3990	Don's Family Restaurant 14403 7th St., Victorville
3rd Sat 8:30 AM 8:00 AM Breakfast	CA2Q	Allan Freebody 510-925-0919	Athens Burger Restaurant 6999 Dublin Blvd, Dublin
3rd Sat 9:00 AM 8:00 AM Breakfast	CA1N	James Pratt 760-945-7894	Gamma BB's 539 Vista Bella, Oceanside.
3rd Sat 8:30 AM 8:00 AM Breakfast	CA1S	David Golden 805-985-8810	Marie Callender's 1295 S. Victoria Ave., Ventura
4th Sun 9:00 AM 8:00 AM Breakfast	CA2K	Bill Johnson 707-429-2920	Country Waffle 2390 North Texas Street, Fairfield
4th Sun 9:00 AM	CA2U	Bill Joe Davis 209-634-1346	Granny's Pantry 1221 Broadway, Atwater
4th Sat 8:30 AM 8:00 AM Breakfast	CA1L	Robert Dowdy 805-462-1140	Players Restaurant 8845 El Camino Real, Atascadero
4th Sat 9:00 AM 8:15 AM Breakfast	CA2G	Linda Morrison 530-671-7400	Ruthy's Restaurant 229 Clark Ave., Yuba City
Last Sat 9:00 AM 8:30 AM Breakfast	CA1K	Bill Simmonds 818-882-0037	Lulu's Café 818-988-0707 16900 Roscoe Blvd., Van Nuys, CA 91406

WING NUT

Gold Wing Specialist

1642-A North Texas Street * Fairfield CA 94533

ph. 707-422-1698

fax 707-422-4520

www.goldwingspecialist.com

wingnut@goldwingspecialist.com

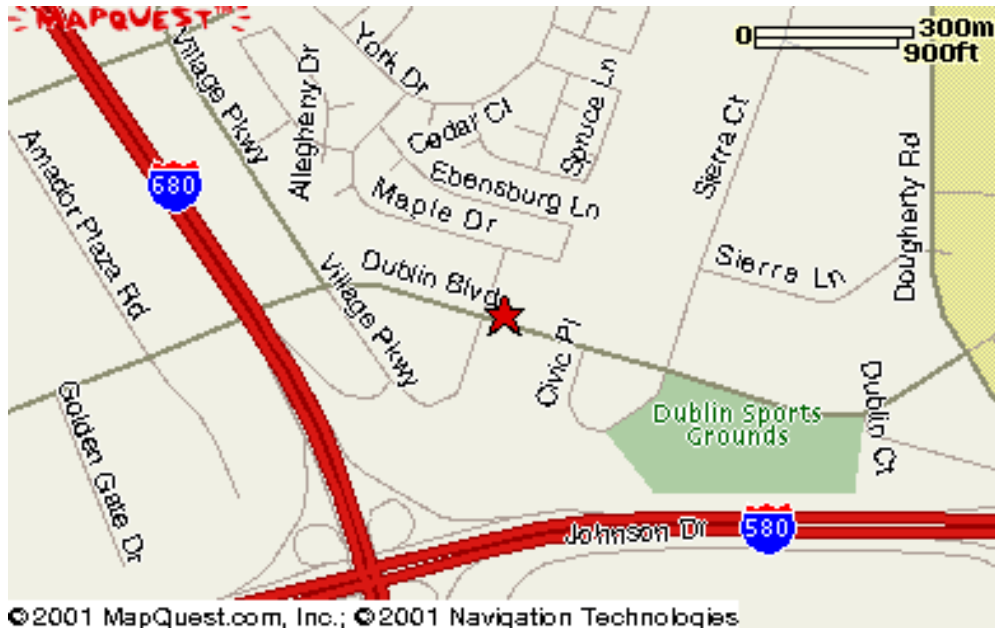


The Sport TRIKE is the result of Gold Wing riders' requests. It is in a sense, the ultimate Gold Wing accessory.

Chapter CA2Q meets on the 3rd Saturday of each month at 8:30 am.

Location: Athens Burger Restaurant, 6999 Dublin Blvd. Dublin, Ca 94568, 925-803-8135.

Directions: From hwy 580 exit at the Foothill/San Ramon Valley Blvd. exit. Take the San Ramon Valley Blvd choice. This will put you heading North on San Ramon Valley Blvd. Turn right at the first traffic light, which is Dublin Blvd. Head East on Dublin Blvd for about 1 mile Athens Burger Restaurant is about 2 blocks past Village Pkwy on the left hand side.



Allan Freebody, CA2Q Director
461 Trebbiano Pl.
Pleasanton, CA 94566

